



Ovarian Cancer Australia



Building Resilience 2013



A free forum for women living
with ovarian & gynaecological
cancers, their family & friends



Saturday 24th
August 2013

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9.30am – 1.30pm

Refreshments included

Mitchell Theatre

Sydney Mechanics School of Arts

280 Pitt Street, Sydney



Keynote Speaker:

Clinical Assoc Prof Anna DeFazio

Research and the Future for

Gynaecological Cancers in Australia

Other sessions include:

- Coping with treatment and its side effects
- When treatment is finished – what now?
- Carers – how do I help?
- Nutrition, diet and exercise
- Financial Issues
- Wellbeing – meditation, mindfulness and music therapy



RSVP and Registration essential.

Please visit www.trybooking.com/CTVL

to register or call 1300 660 334 by

16 August 2013.



Travel assistance available

for people in rural and regional NSW to attend.

Please enquire at time of registration.



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